



Alzheimer's Disease Part 3

July 2021

Senior Management Services

This is the third and final of a three-part series on Alzheimer's Disease and the early warning signs. Alzheimer's Disease is just one type of dementia. The Alzheimer's Association has so many resources for those affected by the dementia and their family, friends, and caregivers. One section of the website is dedicated to early warning signs of Alzheimer's Disease or dementia. We will highlight and discuss a few of these each month. If you notice these signs, do not ignore them, but contact the doctor to plan for assessment and evaluation.

8. Decreased or poor judgement

Those with early Alzheimer's disease may begin to use poor judgement when dealing with money or may not pay attention to keeping themselves clean. This is more than just forgetting to change the oil in the car. These are consistent and larger items of self-care and life tasks.

9. Withdrawal from work or social activities

You may notice your loved one pulling away from social activities or hobbies that they have loved. It can be difficult to continue conversation in those environments, so pulling away seems to them the natural way to protect themselves. We notice this is sports fans who cannot keep up with their favorite team anymore, or others may have difficulty following the news.

10. Changes in mood or personality

Individuals living with Alzheimer's disease can have changes to their mood and personality like depression, confusion, suspicion, and even being fearful and anxious. This can happen at home, but often out with friends or loved ones and when they are out of their comfort zone.

If you notice any of these signs in your loved one or yourself, contact the doctor. Do not ignore them.

For additional information about Eldercare, please contact Quest at 1-800-364-6352.