



## **Home Care Services**

**January 2021**

### **Senior Management Services**

When planning for their future, most older adults communicate a desire to stay in their own home for as long as possible. Even more important during this pandemic now to keep our older loved ones safe at home. Home Care services have been a lifeline to many who want to support an older adult to continue to reside safely at home.

Home Care services can take on any number of tasks. For those in need of direct care such as dressing, bathing and personal care, hands on assistance can be provided. For others maybe a friendly companion or some assistance with light housekeeping or meal preparation is needed. Home Care services can provide caregivers to meet each of these and many other needs.

Care plans are formed with the client's requests and needs at the center. An agency who provides these services will most likely send out a care coordinator before any direct care would begin. They would create the plan of care with the client (your loved one) and communicate the requests to the caregiver assigned.

Selecting an agency to provide these services can be a daunting task as a working caregiver. We are here to help. Additionally, caring.com has put together a Caring Star system: "To support seniors and their families in finding the best agencies, we are shining a spotlight on the top-rated in-home care agencies in the nation — the Caring Stars of 2021. These trusted home care agencies received this award based on reviews written by seniors and their families around the nation."

You can utilize this information to select an agency in the link below. Additionally, Senior Management Services can offer support and recommendations for home care agencies in your loved one's area.

**For additional information about Eldercare, please contact Quest at 1-800-364-6352**