



Creating a Will

November 2019

Senior Management Services

More than 78% of Americans die without a will. That is an astounding number! It is never too early to begin discussions with the loved ones in our lives about their future planning as well as our own. We recently completed a seminar on this topic, and it is always a timely discussion. The discussion is often difficult to begin but can prove invaluable for understanding the desires of our loved ones for the future.

You may need some simple tools to begin these conversations, but once you've begun, you will be thankful you have had these open conversations. Many clients will ask us how to begin these difficult conversations. We recommend scheduling a time that is separate from other family events, and that intentionally includes all that is a part of the family unit and future decision making. Often families will request support from a mediator who will facilitate the discussion and make sure everyone's voice is heard. You may also look for a natural opening like a new diagnosis or the death of a neighbor or friend of your loved one. These can open the door to discussing what your loved one's wishes are when their time comes.

These are the documents and plans we recommend you have in place for yourself, but specifically for your older loved ones.

Last Will and Testament

- Up-to-Date Will
- Power of Attorney
- Health Care Advanced Directive: includes a Living Will and a Health Care Agent
- Financial Inventory

An elder law attorney can assist you with this planning or contact Senior Management Services at 800-253-9236 for details and information about understanding what you need to have in place. Our counselors are ready to speak to you about your specific concerns or situation and help you in planning for the future of your loved one.

For additional information about Eldercare, please contact Quest at 1-800-364-6352
